

Be a CROP Hunger Walk Star!

- ★ Please print your name, address, telephone number, and your church or group name on your walk paper.
- ★ Add up the total amount of pledges and write it at the bottom of your walk paper.
- ★ **Do you have 20 or more sponsors or a total of \$500 or more in pledges? Great! At the Walk, go directly to the 20+ Club Express Registration Table. You will get a coupon for a free T-shirt.**
- ★ Encourage your sponsors to give you their pledge money before the Walk. Bring all the pledge money you have collected to the Walk.
- ★ If you have all your pledge money with you, seal the envelope with the money in it. Put it in the town box where your church, school, or group is located.
- ★ If you have part of your pledge money, seal the envelope with the money you have. Put it in the town box where your church, school, or group is located. Keep the top sheet of the walk paper to use to collect the rest of the money. Then turn in the rest of the money and the top sheet of the walk paper to your church or group recruiter as soon as possible.
- ★ If you have not collected any money, turn in the top sheet of the walk paper. Put it in the town box where your church, school, or group is located. Keep the envelope. Collect your money in your CROP envelope and turn it into your church or group recruiter as soon as possible.

20 Plus Club Free T-Shirt!

Obtain 20 or more sponsors (**including on-line sponsors**) OR raise \$500 and you will receive this year's T-Shirt free! Make sure all your sponsors are listed so we can easily see at registration the 20+ sponsors or the \$500 pledged.

For those with 20 or more sponsors, attach an addendum with your additional sponsors to your walk paper, as your walk paper only has lines for 16 sponsors. If you have on-line sponsors included in your twenty sponsors, please list them on your walk paper and addendum.

Get Sponsors On-Line!

It's easy to register to receive sponsors on-line! Go to www.concordcrop.org and click on the link for walker registration. You can create a personalized web page or sign up with a team. You can email requests for sponsorships to friends and family anywhere. Your sponsors will use credit cards for contributions at the secure web site.

CROP Hunger Walks

CROP Hunger Walks are sponsored by Church World Service, a humanitarian agency and cooperative ministry of 35 Protestant, Orthodox, and Anglican denominations that provides sustainable self-help and development, disaster relief, and refugee assistance. CWS partners with many other religious and non-religious groups, including the Roman Catholic Church, Jewish synagogues, and more. Visit the CWS web site for more information:

www.churchworldservice.org

The Concord Area CROP Walk for the Hungry starts from First Parish in Concord and passes over the Old North Bridge and Nashawtuc Hill. **The Walk is 7 km (4.3 miles) long.** Visit our web site for the map:

www.concordcrop.org

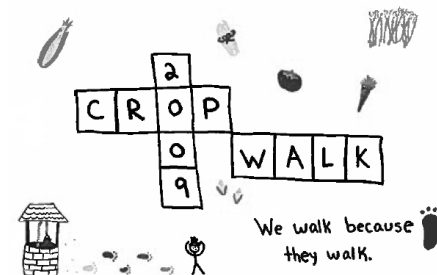
You can park in the municipal lots behind Middlesex Bank (Main St), behind Vanderhoof Hardware (Main St), behind the Post Office (Walden St), and also behind the Holy Family Church (Bedford St).

The 29th Annual CONCORD AREA CROP WALK FOR THE HUNGRY

Sunday, October 18, 2009

Walker registration begins at 1:30
Banner Contest registration at 1:30
Walk steps off at 2:15

**First Parish in Concord
20 Lexington Road
Concord, Mass.**



Music for Your Enjoyment:
Concord-Carlisle High School
Pep Band 1:30 - 2:00
Yankee Stompers Dixieland Jazz Band
3:30 - 4:30

On the Back:
20 Plus Club Free T-Shirt
Get Sponsors On-Line

25% of the money raised by the Concord CROP Walk for the Hungry is used locally to support these groups:

The **Acton Community Supper** provides a weekly good meal, a bag of groceries, and items from the Clothing Cupboard to people in need in Acton and its surrounding towns. For more information, visit www.actoncommunitysupper.org

The **Open Table Concord** provides a hot meal and groceries every Thursday, serving dinner from 5:30 to 6:30 PM to all who come.

The **Sudbury Community Food Pantry** provides 60-70 families with free groceries each week. The Food Pantry is open to all in need, without a needs test.

The **Maynard Food Pantry** provides free groceries to 40-45 families each week. Maynard residents shop twice per month and residents from surrounding towns may shop once per month.

The **Open Table Maynard** provides a hot meal and groceries every Monday, serving dinner from 5:30 to 6:30 PM to all who come.

The **Bedford Community Table/ Pantry** serves weekly meals to 70-85 people. The Pantry offers prepackaged bags of food on a weekly basis for individuals or families who can prove need.

Now in its 16th season, **Gaining Ground** grows organic produce for hunger relief with help from hundreds of volunteers of all ages and abilities, who work and learn in our garden. For more information, visit www.gainingground.org.

75% of funds raised by the Concord area CROP Walk for the Hungry go to Church World Service for worldwide emergency relief of disasters - floods, hurricanes, and earthquakes; and for fighting the root causes of hunger through community development programs in 80 underdeveloped countries. Here are a few examples of the many programs CWS supports. Visit the CWS web site to learn more: www.churchworldservice.org.

Cambodia - A little sand goes a long way in helping make water safe for consumption. Residents in villages of rural Svay Rieng province have been significantly reducing incidences of typhoid and diarrhea by drinking water filtered through affordable, user-friendly bio-sand water filter devices small enough to place in a home or office space. CWS has provided 1,216 filters in 56 Svay Rieng villages for use by people in some 1,900 households, schools, pagodas and community halls.

Haiti - Haiti is a nation plagued by ongoing political instability, the worst poverty in the western hemisphere, economic insecurity, and rising prices that led to food riots last year. In Haiti's Nord-Ouest (Northwest) and Artibonite regions, hundreds of women from 14 extremely poor communities are part of a network of rural cooperatives that are working together to create economic security and sustainable food sources for their families. For Church World Service, empowering women is as much an objective as it is an international development mantra.

Kenya - In western Kenya, CWS and local partner Yang'at ("care" in the Pokot language) are working together to empower women and girls in the community by developing clean water resources. By working in genuine partnership with Yang'at, CWS learns about the specific water needs and realities of the local community, and Yang'at can learn and gain the tools it needs to make clean water a reality.

Bosnia - In the community of Bosansko Grahovo, Bosnia, CWS and the Grahovo Women's Association are helping farmer families start up and equip a milk coop. The new Bosansko Grahovo Milk Cooperative, along with individual loans to help farmers purchase additional cows, is enabling the families to bring themselves out of poverty.

South America - The indigenous peoples of the Gran Chaco region are spread across 400,000 square miles of central South America. Longstanding racism, exclusion and unsustainable development models have deprived them of their economic, social and cultural rights, including the right to own lands they traditionally inhabited. CWS and five local partners in the region have formed a partnership to coordinate efforts to defend and promote the rights of these native peoples. Now, indigenous communities are gradually gaining access to land and developing livelihoods via training in sustainable agriculture, seed bank development, improved goat and hog raising, and heightened focus on education, among other exciting initiatives.