

Walk Route

The route begins and ends at First Parish in Concord. The 7K route is two loops of 2 ¼ miles each, taking about one hour each to walk. The first loop goes through the historic Minuteman National Park, taking one across the Old North Bridge, while the second loop takes walkers up the beautiful Nashawtuc Hill area. **Remember your water bottle!** Visit our web site for the map:

www.concordcrop.org

Parking is available in the municipal lots behind Middlesex Bank (Main St), behind Vanderhoof Hardware (Main St), behind the businesses on Walden St (not the Post Office lot), and also behind the Holy Family Church (Bedford St). Please don't park in the driveway circle in front of First Parish!

20 Plus Club Free T-Shirt!

Free T-Shirts are given for obtaining 20 or more donors (including on-line donors) OR raising \$500 total. Bring a paper with **all** your donors listed and/or a printout from the on-line donation system, so we can easily see at registration the 20+ donors or the \$500 donated. **At the Walk, go directly to the 20+ Club Express Registration Table. You will get a coupon for a free T-Shirt.**

CROP Hunger Walks

CROP Hunger Walks are sponsored by Church World Service, a humanitarian agency and cooperative ministry of 35 Protestant, Orthodox, and Anglican denominations that provides sustainable self-help and development, disaster relief, and refugee assistance. CWS partners with many religious and non-religious groups to accomplish their work. Visit the CWS web site for more information: www.cwsglobal.org

New Online Fundraising Incentive

Each walker who registers online and raises \$150 online by October 6, 2017 will receive a special edition CROP T-Shirt. These will be distributed at the walk to those who earned them. This program is in addition to our 20+ Club T-Shirt program.

Be a CROP Hunger Walk Star!

★ Get Donors Online

Email requests for donations to friends and family anywhere. Your donors will use credit cards for contributions at the secure web site.

★ Join a team

1. Ask your recruiter for your team name.
2. Go to www.concordcrop.org and click on the link under **Online Sponsoring**.
3. Click **Register**.
4. Set up a username and password if you are a new walker or, if you are a returning walker, use your previous username and password.
5. Follow the steps to complete your registration, join a team, and personalize your page! **Be sure to create a personal URL to make it easy for your sponsors to find you.**

★ Ask for online donations

1. Have your donors go to www.concordcrop.org and click on the link under **Online Sponsoring**.
2. Click **Donate** and then click one of the support options.
3. Be sure to provide your donors your team name and your personalized URL for donations.

★ Ask for cash or check donations

1. Please print your name, address, telephone number, email address, and your church or group name on your walk paper.
2. Add up the total amount of cash/check donations and write it on your walk paper.
3. Do you have online donors also? You don't have to list them on your walk paper unless you are joining the 20+ club! We'll get a report from CWS.
4. Encourage your donors to give you their donations before the Walk. Bring all the donations you have collected to the Walk. Give your envelope to a Registration Greeter at the Walk.

37th Annual

CONCORD AREA CROP WALK FOR THE HUNGRY

Sunday, October 22, 2017

Walker and Banner registration at 1:30 PM

Walk steps off at 2:15 PM

**First Parish in Concord
20 Lexington Road
Concord, Mass.**



Music for Your Enjoyment:

1:30 - 2:00 PM

Concord-Carlisle High School Pep Band

3:00 - 4:00 PM

Yankee Stompers Dixieland Jazz Band

**On The Back:
Walk Route
20 Plus Club Free T-Shirt
Donations Online**

Local Support

25% of the money raised by the Concord CROP Walk for the Hungry is used locally to support these groups:

The Acton Community Supper and Food Pantry offers the opportunity to shop for groceries from their shelves and to choose items from their Clothes Closet to all those in need from Acton and its surrounding towns each Wednesday 10 AM-7 PM and Thursday 9:30-11:30 AM. The Pantry is closed the week of the 4th Wednesday of the month. Visit www.actoncommunitysupper.org

Mt Calvary Community Supper serves a free weekly meal in a friendly and welcoming environment to alleviate hunger and social isolation. Meals are served every Wednesday from 5-6 PM at 472 Mass Ave in Acton. All are welcome. Visit <http://www.mtcalvaryacton.org> or call 978-263-5156 for information.

The **Bedford Community Table/ Pantry**, a non-profit, all volunteer organization, serves a free community dinner to 70-85 people from 5-6 PM each Thursday, September through May. We also offer a food pantry every Thursday for individuals or families in need, serving 25-40 families per week. Visit www.bedfordfoodpantry.org

The **Open Table** provides a hot nutritious supper to over 100 individuals and groceries to families, totaling 300 people, serving all who come. The pantry is located in their new home at 33 Main St., Maynard, and is open by appointment Mondays and Thursdays from 3-7 PM, and Tuesdays 1-3 PM for seniors only (60+). Dinners are served in Maynard on Tuesdays 6-7 PM, and in Concord on Thursdays 5:30-6:30 PM. Visit www.opentable.org for more information.

U.S. and Worldwide Support

75% of funds raised by the Concord Area CROP Walk for the Hungry go to Church World Service for worldwide emergency relief of disasters - floods, hurricanes, and earthquakes - and for fighting the root causes of hunger through community development programs in 30 underdeveloped countries. Here are a few examples of the many programs CWS supports. Visit the CWS web site to learn more:

www.cwsglobal.org

CWS has worked for seven decades with one goal: building a world where there is enough for all. We affirm the power of individuals and communities to take ownership of their future. We meet them right where they are, helping them create solutions they can maintain – and build on. Our work to build alliances among faith groups, civil society, advocates and those in need, and provide programs and services that are impactful, is as critical now as it ever has been. In the past year alone, we've been able to make differences in tens of thousands of lives in more than 30 countries.

Cambodia – In Cambodia, CWS and our local partners reached 33,169 people in 64 communities this year. Together, our team helped these families improve their food security, access to safe water, community banking, and understanding of good sanitation and hygiene.

Timor – The Timor Zero Hunger team provides therapeutic feeding centers to treat severely malnourished children with high-energy milk and nutritious food supplements. Importantly, the mothers are trained to better feed their children. CWS also supported home gardening, chicken-raising, improved water sources, and hygiene knowledge to support 21,212 people from 22 rural communities and one city.

Serbia – Europe's Roma population faces severe discrimination, lack of education, and extreme poverty. Two out of three Roma children live in poverty, and only one in five will finish primary school. CWS' Roma program provides rights-based, long-term support to Roma women and children. This year, CWS assisted 153 households. 133 children finished the school year and 26 women finished literacy classes.

Kenya, Tanzania – Since 2008, CWS' Water for Life has benefitted 182 communities across the drylands of Kenya and rural households in Tanzania. CWS and partners work with communities to identify innovative, cost-effective and environmentally sound water system improvements, including sand dams, boreholes, weirs and rock catchments. In eight months, the average distance to clean water for 19 communities in East Africa has decreased from 6.3 miles to 0.6 miles.

Other Local Support

The **Maynard Food Pantry** provides free groceries to 40-45 families each Monday from 10 AM – 12 PM. Maynard residents shop twice per month and residents from surrounding towns may shop once per month.

The **Sudbury Community Food Pantry** provides 60-70 families per week from 65 surrounding towns with free groceries Tuesdays & Thursdays 12-2:30 PM. The Food Pantry is open to all in need, without a needs test. Visit www.sudburyfoodpantry.org for more information.

Loaves & Fishes Food Pantry, Inc. services the communities of Ayer, Devens, Groton, Harvard, Littleton, and Shirley. Families may receive free groceries twice per month. Visit our website at www.loavesfishespantry.org for more information.

Gaining Ground grows organic produce for hunger relief with help from thousands of volunteers, who work and learn in our garden. Visit www.gainingground.org for more information.

The **Westminster Community Food Pantry** provides free groceries weekly families in need from Westminster. It is open Wednesdays from noon to 1 PM for senior citizens and Thursdays from 6:30-7:30 PM for the public.