

## Walk Route

The route begins and ends at First Parish in Concord. The 2 ¼ mile route takes about one hour to walk. The route goes through the historic Minuteman National Park, taking one across the Old North Bridge.

**Remember your water bottle!** Visit our web site for the map:

[www.concordcrop.org](http://www.concordcrop.org)

Parking is available in the municipal lots behind Middlesex Bank (Main St), behind Vanderhoof Hardware (Main St), behind the businesses on Walden St (not the Post Office lot), and also behind the Holy Family Church (Bedford St). Please don't park in the driveway circle in front of First Parish!

## Alternately, you can do a Virtual Walk!

- ★ Walkers are encouraged to walk whenever, wherever, any length, individually or in small groups, remaining safe.
- ★ Walkers will register on-line at <https://www.crophungerwalk.org/concordma> as many have done in the past. Walkers will raise money through on-line pledges.
- ★ Walkers can also receive checks, payable to Church World Service, with "Concord, MA" on the memo line. Checks will need to be sent to Church World Service (P.O. Box 968, Elkhart, IN 46515).

## Be a CROP Hunger Walk Star!

### ★ Get Donors Online

Email requests for donations to friends and family anywhere. Your donors will use credit cards for contributions at the secure web site.

### ★ Join a team

1. Ask your recruiter for your team name.
2. Go to [www.concordcrop.org](http://www.concordcrop.org) and click on the link under **Online Sponsoring**.
3. Follow the steps to complete your registration, join a team, and personalize your page! **Be sure to create a personal URL to make it easy for your sponsors to find you.**
4. Instructions may be found at: <https://support.crophungerwalk.org/knowledgebase/how-to-join-a-team/>

### ★ Ask for online donations

1. Have your donors go to [www.concordcrop.org](http://www.concordcrop.org) and click on the link under **Online Sponsoring**.
2. Click **Donate** and then click one of the support options.
3. Be sure to provide your donors your team name and your personalized URL for donations.

## CROP Hunger Walks

CROP Hunger Walks are sponsored by Church World Service, a humanitarian agency and cooperative ministry of 35 Protestant, Orthodox, and Anglican denominations that provides sustainable self-help and development, disaster relief, and refugee assistance. CWS partners with many religious and non-religious groups to accomplish their work. Visit the CWS web site for more information: [www.cwsglobal.org](http://www.cwsglobal.org)

## 42nd Annual

# CONCORD AREA CROP HUNGER WALK

**Sunday, October 23, 2022**

[www.concordcrop.org](http://www.concordcrop.org)

Walker and Banner registration at 1:30 PM  
Walk steps off at 2:15 PM

**First Parish in Concord  
20 Lexington Road  
Concord, Mass.**



*Music for Your Enjoyment:  
1:30 - 2:00 PM*

*Concord-Carlisle High School Pep Band*

**Inside:  
Walk Route  
Donations Online**

## Local Support

**25% of the money raised by the Concord CROP Walk for the Hungry is used locally to support these groups:**

**The Acton Community Supper and Food Pantry** offers the opportunity to drive through for groceries to all those in need from Acton and its surrounding towns each Wednesday 10 AM-7 PM and Thursday 9:30-11:30 AM. The Pantry is closed the week of the 4th Wednesday of the month. Visit [www.actonfoodpantry.org](http://www.actonfoodpantry.org)

**Mt Calvary Community Supper** serves a free weekly meal in a friendly and welcoming environment to alleviate hunger and social isolation. Meals are served every Wednesday from 4:45-5:45 PM at 472 Mass Ave in Acton. All are welcome. Visit <http://www.mtcalvaryacton.org> or call 978-263-5156 for information.

**The Bedford Community Table/ Pantry**, a non-profit, all volunteer organization, supports the Bedford Food Bank. The Food Bank currently serves about 100 households each week, providing nutritious food and household supplies at no cost to any Bedford household facing food insecurity. It is open for drive-thru pickup Thursdays from 4:00 to 5:30 in front of the Town Center. For more information about offerings, visit <http://www.bedfordfoodpantry.org>

**The Maynard Food Pantry** provides free groceries to 40-45 families each Monday from 10 AM – 12 PM. Maynard residents shop twice per month and residents from surrounding towns may shop once per month. See [www.maynardfoodpantry.com](http://www.maynardfoodpantry.com) for more information.

**The Sudbury Community Food Pantry** provides 60-80 families per week from 76 surrounding towns with free groceries Wednesdays & Friday 12-2:15 PM. The Food Pantry is open to all in need, without a needs test. Visit [www.sudburyfoodpantry.org](http://www.sudburyfoodpantry.org) for more information.

## U.S. and Worldwide Support

**75% of funds raised by the Concord Area CROP Walk for the Hungry go to Church World Service for worldwide emergency relief of disasters and for fighting the root causes of hunger through community development programs in 30 underdeveloped countries. Here are a few examples of the many programs CWS supports. Visit the CWS web site to learn more: [www.cwsglobal.org](http://www.cwsglobal.org)**

**Refugees** –CWS has 23 refugee and immigration offices that provide services to newly arrived refugees and immigrants, helping them to integrate into local communities, find jobs and learn the necessary skills to support their new life in the United States. CWS welcomed 7,644 Afghans this year.

**Education** - Education is the gateway to a brighter future. Sometimes, though, there are a lot of barriers between a student and finishing school. We're teaming up with communities in rural Kenya to break down these barriers. We help them build classrooms, dormitories, bathrooms and water systems for local schools. We work with teachers to make sure they have the supplies they need to help children learn. And we engage communities in conversations about why education is important for children. We're also working with young adults who haven't had the chance to learn to read. We're working with hundreds of students in Kenya's Kakuma Refugee Camp, as well as from the local community, to focus on adult literacy.

**Renewable Energy Technologies** - We're fighting a specific kind of poverty in Moldova, Georgia and Bosnia and Herzegovina: energy poverty. Electricity and fuel are either unavailable or very expensive, especially in rural areas. Children often learn in classrooms that don't have enough heat and study by candlelight at night. The limited fuels that are available pollute the environment and damage the health of the people who use them. Working with local organizations, we're helping families install and use renewable technologies instead. That means solar panels for electricity. Solar water heaters so that houses and schools have hot water. Solar dryers for fruits and vegetables so that families or cooperatives can preserve and sell produce.

## Other Local Support

**Open Table's** weekly fresh market pantry provides groceries, including seasonal produce, meat & dairy, to over 400 families from 21 towns in the central Middlesex County area. The Open Table pantry is located at 33 Main St, Maynard, and is open Tuesdays 3-6:30 PM, Thursdays 1-4:30 PM, and for seniors 65+, Tuesdays 1-3 PM. To protect our shoppers and volunteers during the current pandemic, Open Table is providing pre-packed grocery bags and prepared meals and distributing them through a drive-through system in the Maynard municipal parking lot behind the facility. Visit <https://www.opentable.org> for the most up-to-date information.

**Loaves & Fishes Food Pantry, Inc.** provides nutritious food, in an atmosphere of kindness and respect, to individuals in need who reside in Ayer, Devens, Dunstable, Groton, Harvard, Littleton, and Shirley. Families may visit our drive-through and receive free groceries twice per month. Visit our website at [www.loavesfishespantry.org](http://www.loavesfishespantry.org) for more information.

**Gaining Ground** is a nonprofit Concord farm that grows and distributes organic produce for hunger relief. In 2020, over 127,000 pounds were donated to more than a dozen food pantries and meal programs in metro Boston. In a typical year more than 2,500 volunteers work with Gaining Ground's farmers to grow and harvest produce. This year, with food insecurity still running high because of COVID-19, we have been grateful to welcome volunteers back to the farm. For additional information or to volunteer, visit [www.gainingground.org](http://www.gainingground.org).

The **Westminster Community Food Pantry** provides free groceries weekly to Westminster residents in need. It is open every Thursday evening from 6:30-7:30 in the First Congregational Church, 138 Main St. Westminster.