

Walk Route

The route begins and ends at First Parish in Concord. The 7K route is two loops of 2 ¼ miles each, taking about one hour each to walk. The first loop goes through the historic Minuteman National Park, taking one across the Old North Bridge, while the second loop takes walkers up the beautiful Nashawtuc Hill area. Visit our web site for the map:

www.concordcrop.org

Parking is available in the municipal lots behind Middlesex Bank (Main St), behind Vanderhoof Hardware (Main St), behind the businesses on Walden St (not the Post Office lot), and also behind the Holy Family Church (Bedford St). Please don't park in the driveway circle in front of First Parish!

20 Plus Club Free T-Shirt!

Free T-Shirts are given for obtaining 20 or more donors (including on-line donors) OR raising \$500 total. Bring a paper with **all** your donors listed and/or a printout from the on-line donation system, so we can easily see at registration the 20+ donors or the \$500 donated. **At the Walk, go directly to the 20+ Club Express Registration Table. You will get a coupon for a free T-Shirt.**

CROP Hunger Walks

CROP Hunger Walks are sponsored by Church World Service, a humanitarian agency and cooperative ministry of 35 Protestant, Orthodox, and Anglican denominations that provides sustainable self-help and development, disaster relief, and refugee assistance. CWS partners with many religious and non-religious groups to accomplish their work. Visit the CWS web site for more information: www.cwsglobal.org

New Online Fundraising Incentive

Each walker who registers online and raises \$150 online by October 7, 2016 will receive a special edition CROP T-Shirt. These will be distributed at the walk to those who earned them. This program is in addition to our 20+ Club T-Shirt program.

Be a CROP Hunger Walk Star!

★ Get Donors Online

Email requests for donations to friends and family anywhere. Your donors will use credit cards for contributions at the secure web site.

★ Join a team

1. Ask your recruiter for your team name.
2. Go to www.concordcrop.org and click on the link under **Online Sponsoring**.
3. Click **Sign Up** and then click **Join an existing team**.
4. Find your team name and click **Join Team** at the end of the row.
5. Set up a username and password if you are a new walker or, if you are a returning walker, use your previous username and password.
6. Follow the steps to complete your registration and personalize your page!

★ Ask for online donations

1. Have your donors go to www.concordcrop.org and click on the link under **Online Sponsoring**.
2. Click **Donate** and then click one of the support options.
3. Be sure to provide your donors your team name and your name.

★ Ask for cash or check donations

1. Please print your name, address, telephone number, email address, and your church or group name on your walk paper.
2. Add up the total amount of cash/check donations and write it on your walk paper.
3. Do you have online donors also? You don't have to list them on your walk paper unless you are joining the 20+ club! We'll get a report from CWS.
4. Encourage your donors to give you their donations before the Walk. Bring all the donations you have collected to the Walk. Give your envelope to a Registration Greeter at the Walk.

36th Annual

CONCORD AREA CROP WALK FOR THE HUNGRY

Sunday, October 23, 2016

Walker and Banner registration at 1:30 PM
Walk steps off at 2:15 PM

**First Parish in Concord
20 Lexington Road
Concord, Mass.**

2016 CROP Walk Checklist

- Get sponsors for CROP walk
- Do the CROP walk
- End hunger
- Make the world a better place
- Then, do it again!

Conclusion

You make a difference in
the world!

Music for Your Enjoyment:

1:30 - 2:00 PM

Concord-Carlisle High School Pep Band

3:00 - 4:00 PM

Yankee Stompers Dixieland Jazz Band

On The Back:

Walk Route

20 Plus Club Free T-Shirt

Donations Online

Local Support

25% of the money raised by the Concord CROP Walk for the Hungry is used locally to support these groups:

The Acton Community Supper and Food Pantry

provides 4 days of groceries and items from their Clothes Closet to 225 families in need from Acton and its surrounding towns each Wednesday 10 AM-7 PM and Thursday 9:30-11:30AM (except the 4th Wed. of the month). Visit www.actoncommunitysupper.org

Mt Calvary Community Supper

serves a free weekly meal in a friendly and welcoming environment to alleviate hunger and social isolation. Meals are served every Wednesday from 5-6 PM at 472 Mass Ave in Acton. All are welcome. Visit <http://www.mtcalvaryacton.org> or call 978-263-5156 for information.

The **Bedford Community Table/ Pantry**, a non-profit, all volunteer organization, serves a free community dinner to 70-85 people from 5-6 PM each Thursday, September through May. We also offer a food pantry every Thursday for individuals or families in need, serving 25-40 families per week. Visit www.bedfordfoodpantry.org

The **Open Table** provides a hot nutritious supper to over 100 individuals and groceries to families, totaling 300 people, serving all who come. In **Concord**, it is open every Thursday 4:30-6:30 PM (food pantry) and 5:30-6:30 PM (supper). In **Maynard**, it is open every Monday 5-7 PM (pantry only). In **Sudbury**, it is open every Tuesday 6-7 PM (supper). Visit www.opentable.org for more information.

U.S. and Worldwide Support

75% of funds raised by the Concord Area CROP Walk for the Hungry go to Church World Service for worldwide emergency relief of disasters - floods, hurricanes, and earthquakes - and for fighting the root causes of hunger through community development programs in 30 underdeveloped countries. Here are a few examples of the many programs CWS supports. Visit the CWS web site to learn more:

www.cwsglobal.org

CWS has a mandate to improve lives for the most marginalized and vulnerable people in the world. We approach this as holistically as possible. We understand that policies and prejudices keep the world's poor and vulnerable in a cycle of injustice and poverty. So we advocate for changes in policy, and help those we serve to ensure their voices are heard. CWS was created as a response to an emergency. We recognize the world's poor are most vulnerable to disaster, and we work both to prevent and to respond to calamities. We will not achieve our mission of promoting peace and justice, and eradicating hunger and poverty, without addressing basic needs like food, water and community infrastructure. CWS serves those who can no longer remain in their homes. For refugees and the displaced, we provide care and accompaniment.

Disaster Response - CWS is responding to the crisis of unaccompanied children fleeing violence in Central America and crossing the border primarily in the Rio Grande valley on Texas's Gulf Coast. CWS has deployed Spanish-speaking legal staff to the border, has used our local and affiliate offices to support children who have now been placed elsewhere in the U.S. and provided both legal and material resources to help the children and their families remain secure.

Community Development - Improving public health is the focus of our village-based program in Cambodia's Central and North Central provinces. The project provides training for traditional birth attendants and health volunteers to educate local volunteers in remote areas about disease, risk and prevention. The volunteers then share information about common diseases like malaria, dengue fever, diarrhea and HIV.

Food Security – “The biggest problem is hunger, and all aspects of the struggle to eradicate hunger are critical to what we do.” Working together with cutting-edge partners, CWS is addressing the food insecurity, drought and poverty that has plagued the Karamoja region of northeast Uganda for years.

Water - With safe, accessible water in short supply in Myine Thar Yar village in Kayin State, Myanmar, the construction of a locally-managed water supply system that uses gravity to move water downhill to the village has had a huge impact on life here and in surrounding villages. “I feel secure now when taking a bath,” says village resident Cho. “The water is clean and good for health and each household has an equal and fair share of water.”

Other Local Support

The **Maynard Food Pantry** provides free groceries to 40-50 families each Monday from 10 AM – 12 PM. Maynard residents shop twice per month and residents from surrounding towns may shop once per month.

The **Sudbury Community Food Pantry** provides 60-70 families per week from up to 65 surrounding towns with free groceries Tuesdays & Thursdays 12-2:30 PM. The Food Pantry is open to all in need, without a needs test. Visit www.sudburyfoodpantry.org for more information.

Loaves & Fishes Food Pantry, Inc. services the communities of Ayer, Devens, Groton, Harvard, Littleton, and Shirley. Families may receive free groceries twice per month. Visit our website at www.loavesfishespantry.org for more information.

Gaining Ground grows organic produce for hunger relief with help from hundreds of volunteers, who work and learn in our garden. Visit www.gainingground.org for more information.

The **Westminster Community Food Pantry** provides free groceries weekly to 15 families in need from Westminster. It is open Wednesdays from noon to 1 PM for senior citizens and Thursdays from 6:30-7:30 PM for the public.